

NEWS RELEASE

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Registration is open now for Township Signature Races

THE WOODLANDS, TEXAS (March 9, 2018) – Race with friends or family and achieve a fitness goal by participating in The Woodlands Township's Signature Races this year! Enjoy the thrill and competition of endurance events from triathlon to trail running by registering for the Muddy Trails Bash, CB&I TRI – The Woodlands or Memorial Hermann 10 for Texas.

11th Annual Muddy Trails Bash

Best known for its fun, festive and Zydeco-themed atmosphere, Muddy Trails Bash is scheduled for Saturday, April 7, 2018, from 3 to 8 p.m. at Rob Fleming Park. This multifaceted running event features chip-timed 5K and 10K trail runs, the Little Muddy Kids' Fun Run, 2K-9 Dog Fun Run and the Muddy Bowl Crawfish Cook-Off. Participants will enjoy crawfish plates, live zydeco music, children's activities and more. Courses wind through the beautiful 1,800-acre George Mitchell Nature Preserve. Muddy Trails Bash is a USA Track & Field (USATF) sanctioned event. Please note that Muddy Trails Bash is not a mud run or adventure race. To learn more, please visit www.thewoodlandstownship-tx.gov/muddytrailsbash for full details.

15th Annual CB&I TRI – The Woodlands

As one of the premier multi-sport events in the region, CB&I TRI – The Woodlands offers high caliber competition, first-rate race management and scenic courses to participants ranging from beginners to nationally ranked triathletes. The USA Triathlon (USAT) sanctioned event will take place on Saturday, May 12, 2018, from 7 to 11:30 a.m. at Northshore Park. Hosting a field of 1,300 athletes, the sprint triathlon is comprised of a 500-meter open water swim in Lake Woodlands, a 12.8 mile bike course through The Woodlands and a 5K run along The Woodlands Waterway. Those interested should register promptly as the race reaches capacity and sells out annually. The CB&I TRI has received accolades and recognition from USAT throughout the years, most recently having served as the 2017 Texas State Triathlon Championship. To view more information, please visit www.thewoodlandstownship-tx.gov/thewoodlandstriathlon.

13th Annual Memorial Hermann 10 for Texas

A community-favorite event for runners of all skill levels, the annual Memorial Hermann 10 for Texas race is set for Saturday, October 13, 2018 from 7 to 11:30 a.m., at Market Street – The Woodlands. The USATF-sanctioned event offers a certified 10-mile course, plus the Second Annual 3.1 Armadillo Run 5K and One 4 Texas Kids' Fun Run. After racing to the finish, participants can refuel and recover at the Texas-sized post-race party, featuring great food, beverages and live country music. To register, please visit www.thewoodlandstownship-tx.gov/10fortexas.



The Woodlands Township's Signature Races benefit and help fund programs and services offered through The Woodlands Township Parks and Recreation Department. A discount is available for groups with 10 or more runners participating in Muddy Trails Bash and/or Memorial Hermann 10 for Texas. Email races@thewoodlandstownship-tx.gov to inquire.

For more information about the Township, visit <u>www.thewoodlandstownship-tx.gov</u> or call 281-210-3800.







Enjoy the thrill and competition of endurance events from triathlon to trail running by registering for one or more of The Woodlands Township's Signature Races in 2018: The Muddy Trails Bash, CB&I TRI – The Woodlands and Memorial Hermann 10 for Texas.